

# Dance of Eternal Rapture

## Introduction

It has been quite a ride! Ever since I met my spirit guide, Albert, disguised as a homeless man, that fateful day in 2007, my life has never been the same. I went from being a buttoned-down, straight-laced corporate lawyer to an author who has published four books (including this one) about my dialogue and subsequent astral travels with Albert.

Once I decided to come out of the spiritual closet there was no turning back, and I have no regrets whatsoever. I have lost a few friends along the way (some of whom likely think I am suffering from an early onset of dementia), but I have gained many new friends who have encouraged me to continue writing about the revelations from Albert and the other wise souls I have met during my travels.

Many people have asked me about what it is like to travel on the astral plane. I find it is very uplifting to feel the freedom of leaving my physical body behind to soar up into the night sky like an eagle riding a thermal updraft. And with astral traveling, there are no passport checks, security screening, crowded airports, or cramped seating. It is truly the only way to travel.

Since publishing my first book in 2012, I have been actively disseminating Albert's messages through book-signing tours, conference presentations, and TV interviews, and as a guest on over one hundred radio talk shows. I am encouraged by the warm reception I have received, as it clearly indicates that an ever-increasing number of people are expanding their consciousness and becoming spiritually aware. I am optimistic that this trend will continue to grow as more and more people cast aside the dark side of humanity as they follow the path toward spiritual enlightenment.

This book is a sequel to my first three books, *Dancing on a Stamp*, *Dancing Forever with Spirit*, and *Dance of Heavenly Bliss*, as it chronicles my most recent astral adventures with Albert. As with the first three books, Albert had a carefully planned agenda all mapped out—designed to teach me (and all of humankind) a lesson or to provide us with a nugget of wisdom to help us understand who we are and why we are having a human journey on this planet.

My astral trips with Albert opened my eyes to the vast diversity of life in the universe (including intelligent life forms on our planet that shun contact with humans), and I now realize how little I know about the boundless cosmos created long ago by the Source. Every new scrap of information I gleaned from my dialogue with Albert, and the out-of-body trips that followed, are like pieces of a gigantic jigsaw puzzle that one day will display the entire picture about the Source and the cycle of reincarnation on Earth.

Albert has been a shining light for me to follow—a beacon of wisdom and love who has inspired me to break out of my comfort zone and propagate his revelations to my fellow humans. I know that Albert and I have shared previous lives together on this planet, and I feel he has been a loyal friend since the beginning of time. Although he is truly committed to spreading the

message of love and hope from Spirit, at times he can be cheeky, flippant, and a bit of a rascal. This is his way of telling us we shouldn't take life so seriously, because no matter what we do during our lives we will always return to the Spirit Realm when we leave our physical bodies behind.

What happens on Earth stays on Earth, except for the memories we retain from our experiences and the lessons we learned during our sojourn on this planet. We should regard our lives on Earth as exciting adventures designed to help us grow and evolve as souls. Each of us has a unique journey we chose for ourselves to further our spiritual evolution, comforted by the knowledge that there is no "right" or "wrong" path to follow. All roads lead onward and upward, and we can never become lost.

I encourage everyone to consider Albert's truths carefully and embrace them fully if they ring true in your heart. On the other hand, if you prefer to stick with your own beliefs, there is no downside. As Albert has told me many times, it doesn't matter what people believe while on Earth, because at the end of the day we will all end up in the same place, and then the truth will be known to all.

—Garnet Schulhauser